

Daily Plan ~ Day 1

Monday, June 7, 2004

Day Coordinator: Sandra Schultz, National Park
Service Upper Delaware Scenic and Recreational River

Narrowsburg, NY to Minisink Ford, NY

14 Miles ~ Class I and II Rapids



Pre-registration activities at Lander's Campground, Minisink Ford, NY on Sunday, June 6

4:00 P.M. Campsites available ~ Dinner On-Your-Own.

8:00 P.M. Campfire and Refreshments ~ Meet and greet fellow Sojourners.

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- 7:00 A.M. Campers and Day-Trippers Register at Lander's Base Minisink Ford, NY; load private boats for shuttle to Narrowsburg.
 - 8:00 A.M. Kick Off Breakfast and Program at Lander's Campground, Narrowsburg, NY.
 - 9:30 A.M. Safety Talk and Trip Orientation.
 - 10:00 A.M. Launch at Lander's Narrowsburg Base and paddle for 6.3 miles to Ten Mile River.
 - 12:00 P.M. Program on *"Aquatic Life"* by Ranger Don Hamilton.
 - 12:30 P.M. Lunch at Ten Mile River Access.
 - 1:00 P.M. Resume paddling for 6.1 miles to Lackawaxen, PA Access.
 - 3:15 P.M. Rest Break at Lackawaxen, PA Access - *"What's Special About This Place?"*
 - 3:30 P.M. Resume paddling for the final 1.6 river mile stretch of today's journey.
 - 4:30 P.M. Take-out at Lander's Minisink Ford Base, NY.
 - 6:00 P.M. Dinner - provided at the Minisink Battleground Memorial Park, NY.
 - 7:30 P.M. Evening Program by Peter Osborne on the *"Battle of Minisink"*.

Camping at Lander's Minisink Ford Base, NY.

Note: There are shower facilities at this location.

Many thanks to today's Sojourn Partners:

Upper Delaware Council; National Park Service Upper Delaware Scenic and Recreational River; Peter Osborne, Minisink Valley Historical Society; Don Hamilton; Volunteer Rich Egan; Lander's Canoes and Campgrounds.

***Water Levels** – Water height is highly relevant in the Upper Delaware section of the river for two reasons:

1. High water can inundate the river banks and islands where flooded trees and vegetation can create what are known as “strainers.” Strainers are very, very dangerous and can trap boats and people under water.
2. High water changes the characteristics of the rapids on the Upper Delaware. Some “wash out” while others become more dangerous.

Above the 8-foot water level the National Park Service recommends only “highly skilled boaters in properly equipped rafts or in closed boats.”

Average water levels: 2.9-4.5 ft levels – Everyone may take the trip in canoes or kayaks.

High Water Options –

Moderate water: 4.5 – 6 ft levels – Take the trip. Rafts recommended for less skilled boaters

High water: 6-8 ft levels – Take the trip. Rafts required for people renting watercraft and less skilled boaters.

Very High water: 8-feet and above – No River Trip – Alternate Land Activities – a visit to Fort Delaware, the Zane Grey Museum, the Roebling Bridge and D&H Towpath Trail. Lunch and dinner will still be provided as planned.